Reagan Calls For Domestic Spending Cuts Of $ 25.6 Billion

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The Tacoma Facts

Bridging The Communication Gap With Christ

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BLACK HISTORY MONTH

LITTLE-KNOWN FACTS ABOUT BLACK PEOPLE

DID YOU KNOW? An unknown Black slave was responsible for discovering a remedy for snake bite as far back as 1700. For his life-saving medical achievement he was rewarded with a $500 pension and given his freedom by the General Assembly of Carolina. A major medical textbook of that period listed these facts and the anecdote, but did not mention the slave's name.

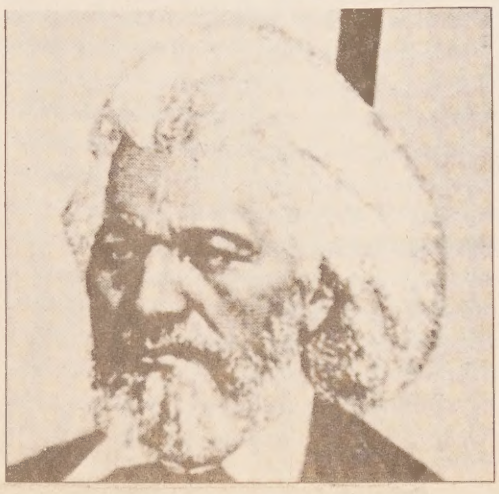
THE REAL McCOY - "The Real McCoy" has long been a term used to describe a product's stamp of approval and authenticity. Its origin is taken from the reputation of a famous Black inventor Elijah McCoy, whose pioneering efforts in the field of automatic machine lubrication is responsible for some 57 patents and devices. His excellence is shared with countless other Black inventors who are responsible or many of today's modern conveniences.

Not all Blacks were slaves prior to 1865 and not all Blacks were poor.

As early as 1853, in the New York City area alone, Blacks owned property worth $1 million and invested $839,000 in businesses. In Philadelphia, Blacks also owned close to $1 million in real estate. They owned $630,000 in property in Washington D.C. and an astounding $15,000,000 in New Orleans. In 1860 alone, Black America had an aggregate wealth of $50 million and African-Americans owned 2,000 businesses and 15,000 farms.

Little did Adolf Hitler know that the emblem he enshrined as the hallmark of his barbaric German army, the swastika, was used by the Blacks of Easter Island, Polynesia and Elam in Southern Persia-more than 2000 years before the Aryan dictator's birth.

BOOKER T. WASHINGTON: "The more I study our conditions and needs, the more I am convinced that there is no surer road by which we can reach civic, moral, educational and religious development than by laying the foundation in the ownership and cultivation of the soil, the saving of money, commercial growth, and the skillful and conscientious performance of any duty."



FREDERICK DOUGLASS: "The history of civilization shows that no people can well rise to a high degree of mental or even moral excellence without wealth. A people uniformly poor and compelled to struggle for barely a physical existence will be dependent and despised by their neighbors and will finally despise themselves."

CARTER G. WOODSON: "If you make a man feel inferior, you do not have to compel him to accept an inferior status, for he will seek it himself. If you make a man think he is justly an outcast, you do not have to order him to the back door. He will go without being told; and if there is no back door, his very nature will demand one."

MARCUS GARVEY: "White men who have struggled for and built up their countries and their own civilizations are not disposed to hand them over to the negro or any other race without let or hinderance. It would be unreasonable to expect this."

Reagan

WASHINGTON, Feb. 5 -

TRIBUTE TO CHALLENGER CREW

Mr. Reagan opened his speech with a tribute to "the valor of our seven Challenger heroes."

"I hope we are now ready to do what they would want us to do - go forward America, reach for the stars," he said. "We shall never forget those brave seven. But we shall go forward."

Mr. Reagan, in the speech, firmly committed the Administration to the space shuttle program. "We are going forward with our shuttle flights, we are going forward to build our space station," Mr. Reagan said to applause.

Mr. Reagan also honored Thomas P. O'Neill, Jr., the Speaker of the House, who is retiring this year. "Mr. Speaker, before I begin my prepared remarks, may I point out that tonight marks the 10th and last State of the Union Message you've presided over," Mr. Reagan said. "On behalf of the American people, I want to salute you for your service to Congress and country.

"Here's to you, Tip," said Mr. Reagan.

The comment drew a standing ovation and sustained applause.

Moments later, in his speech, Mr. Reagan said the nation "cannot win the race to the future" with "horse-and-buggy programs that waste tax dollars and squander tax potential." He added, "We cannot win that race if we are swamped in a sea of red ink."

Turning to Mr. O'Neill, Mr. Reagan said, "Now, Mr. Speaker, you know I know, and the American people know the Federal budget is broken; it doesn't work. Before we leave this city, let's you and I work together to fix it so that we can finally give the American people a balanced budget."

Mr. O'Neill grinned, and, amid the applause, slowly nodded his head.

In his address, Mr. Reagan celebrated what he termed a "great American comeback" following years of "locked factory gates and long gasoline lines, intolerable prices and interest rates turning the greatest country on earth into a land of broken dreams."

The president's potentially most far-reaching domestic proposal has his call for review of the nation's welfare system.

"In the welfare culture, the breakdown of the family, the most basic support system, has reached crisis proportions in female and child poverty, child abandonment, horrible crimes and deteriorating schools," Mr. Reagan said.

"After hundreds of billions of dollars in poverty programs, the plight of the poor grows more painful," he said. "But the waste in dollars and cents pales before the most tragic loss: the sinful waste of human spirit and potential."

Saying that the nation cannot "ignore this terrible truth" any longer," Mr. Reagan ordered his Domestic Policy Council, made up of key advisers, to report by Dec. 1 with "a strategy for immediate action to meet the financial, educational, social and safety concerns of poor families." President Reagan appealed to Republicans and Democrats to unite in an effort to control Government spending, saying, "It's time we reduced the Federal budget and left the family budget alone."

In his annual State of the Union Message to Congress, Mr. Reagan singled out support of the American family as a major theme of the remainder of his second term. He cited the family as the "moral core" of a restoration of the nation's confidence in the future.

"Tonight, we look out on a rising America - firm of heart, united in spirit, powerful in pride and patriotism," Mr. Reagan said in a nationally televised speech before a joint session of Congress. "America is on the move!"

Welfare Study Proposed

Although the speech contained few specific details, Mr. Reagan proposed a study of the nation's welfare system and what he termed the "web of dependency" among recipients; ordered a Government review of the possibility of providing insurance for the elderly against "catastrophic illness," and directed the Treasury Secretary, James A. Baker 3d, to determine if the nations of the world should meet to discuss the alignment of their currencies to thwart "wild currency swings."

Mr. Reagan's unusually short speech offered few specific domestic legislative proposals, reflecting uncertainty in the Administration over the impact of the new budget-balancing law.

The speech gave a pessimistic view of problems facing the country, but Mr. Reagan struck an optimistic tone in outlining solutions that he said were in the reach of the White House and Congress.

The Problem of Red Ink

For example, Mr. Reagan said that the Federal Government had consistently overspent and was "swamped in a sea of red ink," but that this could be overcome if the Congress joined him in working toward balanced budget.

Turning to foreign policy, he warned that the Soviet Union's "drive for domination remains great," but he asserted that the Administeration was committed to an arms control accord "if the Soviet Union wants an agreement that truly reduces nuclear arms."

Free, Hot Dinner For The Poor And Needy.
Holy Trinity Temple
C.O.G.I.C. 1313 S. "J"
4:PM Untill 6:PM

Support Your Community Newspaper, We Care.

Crime Stoppers

This week, Crimestoppers will pay up to $1,000.000 for information leading to an arrest and charges filed in the following crime:

On Saturday night, November 9, 1985, at 7:20p.m., a Stewart Jr. High School student was waiting for a bus at 24th & Pacific Ave.

A bus from Federal Way arrived and two young white males got off. One subject approached the student while displaying a 6 inch hunting knife. The other subject held a knife to the student's throat telling him, "Give me your box or I'll slice your throat." They also asked if he had any money.

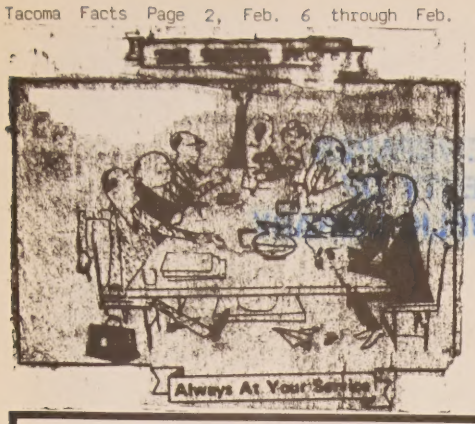
The suspects took the student's portable radio and walked Westbound on 24th St.

Suspect #1: White Male, 18 yrs. 5-2, slim build, brown hair, and wearing a brown cotton nylon coat and dark pants.

Suspect #2: White Male, 18 yrs. 5-6, slim build, long blond hair and wearing a white T-shirt and dark pants.

If you have any knowledge of this crime, call Crime Stoppers at 591-5959. Callers need not give their names and all calls are strictly confidential.

Crime Stoppers will also pay cash rewards for information leading authorities to an arrest and charges filed in any Felony Crime.



Information For Our Readers

THE TACOMA FACTS WELCOMES ALL VIEWS FROM READERS AND LETTERS SHOULD BE KEPT AS BRIEF AS POSSIBLE OR A SUBJECT OF CONDENSATION.

DEADLINE FOR NEWS ARTICLES IS TUESDAY NOON, AND CLASSISFIED ADVERTISING TUESDAY – 5 P.M. BLACK & WHITE PHOTOS ONLY. ALL COPIES SHOULD BE TYPED OR PRINTED ONLY.

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NOTICE
THERE IS NOW A $7.00 FEE FOR ALL PHOTOS.

Words Of Wisdom

WHO HATH BELIEVED OUR REPORT? AND TO WHOM IS THE ARM OF THE LORD REVEALED?

FOR HE SHALL GROW UP BEFORE HIM AS A ROOT OUT OF THE GROUND.

HE HATH NO FORM OR COMILINESS: AND WHEN WE SHALL SEE HIM, THERE IS NO BEAUTY THAT WE SHOULD DESIRE HIM.

JEREMIAH 12

Righteous art thou, O Lord, when I plead with thee: yet let me talk with thee of thy judgments: Wherefore doth the way of the wicked prosper? wherefore are all they happy that deal very treacherously?

Thou hast planted them, yea, they have taken root: they grow, yea, they bring forth fruit: thou art near in their mouth, and far from their reins.

But thou, O Lord, knowest me: thou hast seen me, and tried mine heart toward thee: pull them out like sheep for the slaughter, and prepare them for the day of slaoughter.

How long shall the land mourn, and the herbs of every field whither, for the wickedness of them that dwell therein? the beasts are consumed, and the birds; because they said, He shall not see our last end.

If thou hast run with the footmen, and they have wearied thee, then how canst thou contend with horses? and if in the land of peace, wherein thou trustedst, they wearied thee, then how wilt thou do in the swelling of Jordan?

For even thy brethren, and the house of thy father, even they have dealth treacherously with thee; yea, they have dealt treacherously with thee; yea, they have called a multitude after thee: believe them not, though they speak fair words unto thee.

I have forsaken mine house, I have left mine heritage; I have given the dearly beloved of my soul into the hand of their enemies.

Mine heritage is unto me as a lion in the forest; it crieth out against me: therefore have I hated it.

Mine heritage is unto me as a speckled bird, the birds round about are against her; come ye, assemble all the beasts of the field, come to devour.

Many pastors have destroyed my vineyard, they have trodden my portion under foot, they have made my pleasant portion a desolate wilderness.

They have made it desolate, and being desolate it mourneth unto me; the whole land is made desolate, because no man layeth it to heart.

The spoilers are come upon all high places through the wilderness: for the sword of the Lord shall devour from the one end of the land even to the other end of the land: no flesh shall have peace.

They have sown wheat, but shall reap thorns: they have put themselves to pain, but shall not profit: and they shall be ashamed of your revenues because of the fierce anger of the Lord.

Thus saith the Lord against all mine evil neighbours, that touch the inheritance, that touch the inheritance which I have caused my people Israel to inherit; Behold, I will pluck them out of their land, and pluck out the house of Judah from among them.

And it shall come to pass, after that I have plucked them out I will return, and have compassion on them, and will bring them again, every man to his heritage, and every man to his land.

And it shall come to pass, if thy will diligently learn the ways of my people, to swear by Baal; then shall they be built in the midst of my people.

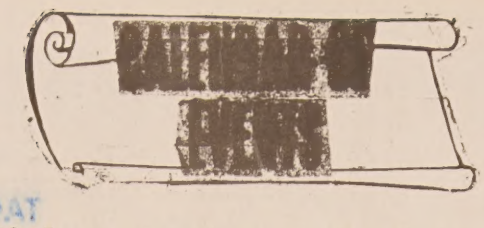
But if they will not obey, I will utterly pluck up and destroy that nation, saith the Lord.

JEREMIAH 13

Thus saith the Lord unto me, Go and get thee a linen girdle, and put it upon thy loins, and put it not in water.

So I got a girdle according to the word of the Lord, and put it on my loins.

From The Desk Of The Publisher, Bishop D.L. Brooks D.D.W.



Titlow Lodge Schedules "Once Upon A Patchwork" Quilt Show

Quilted items reflecting nostalgia, the Christmas holidays and class projects will be on display from 10a.m. -6p.m. Feb. 21-23 during an award-winning quilt show at Titlow Lodge Recreation Center, 8425 Sixth Ave., in Tacoma.

Admission to the show is one dollar. The third annual quilt show, "Once Upon a Patchwork" also will feature quilting demonstrations by students in classes taught by Joanne Cross. Each session, Ms. Cross teached some 100 students in quilting classes offered at Titlow Lodge, a facility of the Metropolitan Park District of Tacoma. Last year's quilt show, "Quilts for All Times" received an Arts and Humanities Award from the Pacific Northwest Regional Council of the National Recreation and Parks Association.

Persons interested in exhibiting quilted items -- old or new -- should contact Charnell Scotton, 591-5297, supervisor at Titlow Lodge. A selection committee will determine which items will be displayed.

To reach Titlow Lodge, take the Bremerton Exit (Highway 16) off Interstate 5. Take the Sixth Ave. Exit off Highway 16. Follow Sixth Avenue west to the bottom of the hill (about two-and-a-half miles) to Titlow Park on the right. Titlow Lodge is the rustic building in the park.

Emphysema Club Meeting

The Tacoma Emphysema Club will meet on Friday, February 14, at 1:00p.m., at the South Park Community Center, 4851 South Tacoma Way.

Representatives from Linde Homecare Medical Systems will display various medical equipment available for home therapy. They will also demonstrate care and use of the equipment.

Sponsored by the American Lung Association of Washington, the meeting is free and offers education and support to patients with chronic lung disease. The public is welcome. Call 474-9547 for more information.

Free Energy Class On Superinsulated Homes

The Puyallup Public Library and the Tacoma-Pierce County Energy Information Center will present a free energy class, "The Superinsulated Home." The class will begin at 7:00p.m., Wednesday, February 12, at the Puyallup Public Library, 324 South Meridian, Puyallup.

Tickets On Sale For Denis Waitley And Al Hirt Show

Motivation expert Denis Waitley and trumpet superstar Al Hirt will be performing in February as part of Green River Community College's 1985-86 Artists & Speakers Series.

Waitley, author of "The Psychology of Winning" and "Seeds of Greatness," will lecture at the college Feb. 6. Hirt, who has more than 40 albums to his credit, will give two concerts Feb. 27 in the Auburn Performing Arts Center.

Tickets are available at Ticketmaster outlets and may be charged by phone at 628-0888. For more information, call the GRCC Student Programs Office at ext. 337. The main number is 833-9111 from Auburn, 924-0180 from Tacoma, or 464-6133 from Seattle.

Dancing To Benefit Special Olympics

Dancers from throughout the area will dance the night and day away to benefit the special olympics athletes in PIERCE COUNTY. Dancers will be collecting pledges for the hours they dance with the top money raisers eligible for great prizes including trips to Hawaii, Sun Valley and Crystal Mountain!!!

The Dance Marathon will be held from noon to noon March 1 and 2 at the Tacoma Holiday Inn. KTAC-AM Radio will be counting down the Top 85 Hits of all time. There will be dancing, fun, prizes and surprises for a full 24 hours.

Information about the Dance Marathon can be picked up at any McDonalds or 7-Eleven Store in Pierce County, or call 591-5312.

Park Board Seeks Citizen Volunteers

The Metropolitan Park Board seeks nine citizen volunteers for the newly created Meadow Park Golf Course Advisory Council.

On a bi-monthly basis, the advisory group will meet with the golf course pro and the maintenance supervisor to discuss recreational and operational improvements and to make recommendations to the Park Board. Members may at times be asked to assist on other District committees as Meadow Park Golf Course representatives.

Of the nine members of the advisory council, two must be Men's Club members, one a Tuesday Women's Club member and one from the Thursday Women's Club. The other five slots are open to anyone not belonging to those clubs.

Citizens are invited to express their interest in serving on the council by sending a letter accompanied by a brief background statement to: Park Maintenance and Operations Division 10 Idaho Street Tacoma, Wa. 98409

Entertainers Raise Funds For "Neighbor Aid"

More than a dozen bands, singers and other entertainers will take part in a continuous concert from noon Saturday, February 1, 1986, until 2a.m. Sunday, February 2 in the Evans Library Lobby at The Evergreen State College. They have donated their time and talent to raise funds for "Neighbor Aid," an American Red Cross program to benefit the victims of recent disasters in Mexico and Colombia.

The 14 hour concert will feature a variety of music styles, ranging from light folk music early in the day to rock music and dancing at night. Scheduled performers include: Clear Blue Sky, Eppo, Kay and Dusty Rhodes, Darrel and the Diptones with George Barner, Paula Barnett De Costillo, Citizens' Band, Christopher Bingham, Factory Girls and Heliotroupe.

The benefit is co-sponsored by several Evergreen student organizations and the Red Cross. Proceeds will be split evenly between Mexican and Colombian Red Cross Societies for their relief work.

Admission to the concert is $5, and visitors are also asked to bring a non-perishable food item for the Thurston County Food Bank. Advance tickets are available at Rainy Day Records, Pat's Bookery and the Evergreen Bookstore. For more information, contact Shirley Keith at 754-6582.

"The Doctor Prescription

What Is Love ?

The sage has pondered its wisdom , The scholar its role, The philosopher its reason, The scientist its formula. The lonely seek its comfort, The destitute its compassion, The sick its healing.

We have all tried to define love; by our own values, within our own lifestyles, from our own perspectives, to our own rationalizations, yet most mysteriously not always to our own satisfaction.

Rabbis, priests, ministers and missionaries have tried to define love in the privacy of their studies, from their pulpits and in the classroom.

No other word among the language of the world has so many meanings, so many interpretations, yet is so little understood.

Love is a natural resource; an abundant reservoir of nourishment for all living beings, yet noticeably sparse.

A Prayer For Love; Eternal and ever blessed God, whose name is love, put Your own love into our hearts; and help us to love You as You have first loved us.

Help us to love You so much, that we may fear nothing, except to grieve You and that we may desire nothing except to please You.

Help us to love You so much, that worshipping in Your house may be to us neither a burden or a duty, but a joy and a delight.

Help us, O lover of the soul of persons, to love our fellow human beings as You love them.

Help us to love them so much, that we shall always be ready to help and always quick to forgive.

Help us to love them so much, that hatred and bitterness may no longer have any place within our hearts.

Help us to love them so much, that all shall know that we are Your disciples, because we have love for another.

All this we ask for Your love's sake. Amen.

Let's get it right, down at the church for future converts to be: We don't have to change, grow and be good to be loved by God. We are loved so that we can change, grow and be good.

Entertainers

Seattle's News

SEATTLE -- The extremely popular all-male comedy dance troupe, Les Ballets Trockadero de Monte Carlo, returns to Meany Theater on the UW campus for three performances on February 6, 7, and 8 at 8:00p.m.

Les Ballets Trockadero is a company of professional male dancers performing the full range of ballet and modern repertoire, including classical and original works in comic but faithful renditions of the style, manners, and conceits of those dance forms. The comedy is achieved by incorporating and exaggerating the foibles, accidents, and underlying incongruities of serious dance.

The Trocks appear at Meany as the opening event of the 1986 Lively Arts Series. Tickets for the 8:00p.m. performances at Meany Theater on Feb. 6, 7, and 8 may be purchased by calling 543-4880. Ticket prices are $10 and $15.

SEATTLE -- "Crimes of the Heart," the 1981 Pulitzer Prize winning play by Beth Henley, will staged by the University of Washington School of Drama, February 4-15 in the Studio Theater of Meany Hall. This accelerating drama about misplaced passions will be the last production Jack Sydow will direct as Professor at the University. Performances will begin at 8:00p.m. Tuesday-Saturday and 2:00p.m. on Sunday.

Performances begin at 8:00p.m. Tuesday-Saturday and 2:00p.m. on Sunday. The production runs Feb. 4-15. The theater will remain dark on Monday, Feb. 10. Tickets cost $4 Tuesday-Thursday and $5 Friday-Sunday with a $1 discount or students and seniors each performance. They may be purchased from the UW Arts Ticket Office, 4001 University Way N.E. or by calling 543-4880.

SEATTLE -- The Arden Trio performs Wednesday evening, February 19, at 8:00p.m. in Meany Theater on the University of Washington campus as part of the Eighth Annual International Chamber Music Series at Meany.

The Arden Trio has been referred to as one of America's finest young ensembles. The group has traveled from coast to coast during the last three seasons, making debuts in

Reserved tickets for The Arden Trio concert at Meany Theater are $11 general and $9 students and seniors. Tickets may be purchased at the UW Arts Ticket Office, 4001 University Way N.E., or by calling 543-4880.

FASHION SENSE

AM/PM Perfection!

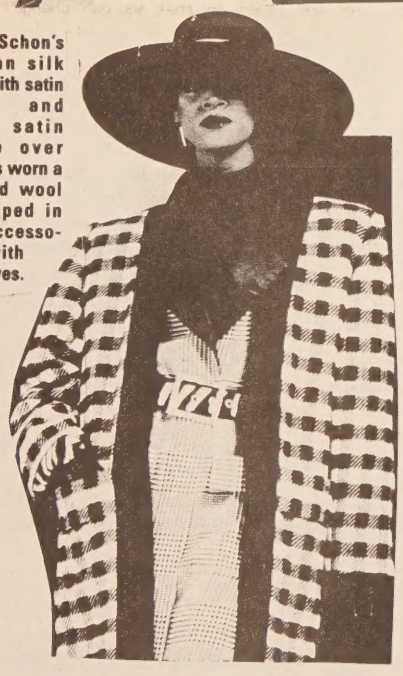
If you're a nine-to-fiver on the go, chances are your day isn't over at the close of business hours—socializing after work is serious business, too! And making the shift from a conservative professional appearance during the day to the dramatic allure of evening doesn't have to involve too many changes. You can do it in no time! Start with a basic—the classic tailored black suit that looks great in or out of the office. With the skirt, try wearing a variety of tops in solid, vivid colors such as a sleeveless pullover tank, oversize tuxedo shirt or rayon pullover that ties at the hip. Meet the fashion needs of any after-work social function with a burst of glamour when slipping on your suit jacket. Emblazon it with jeweled pins rich in color and sparkle. Other accessories that can give evening wear personal flair are Spandex gloves, a sparkling bracelet or two and a jeweled hat—all of which you can carry in your bag during the day. Make a.m./p.m. dressing nothing short of perfect!

—HILTON ALS

Photographer, Renee Cox. Makeup artist, Chaloes Williams. Hairstylist, Michael Weeks for Zoli Illusions.

Silk sleeveless evening dress with décolleté neckline has jeweled shoulder pins and gathered waistband. Fur hat, earrings and bracelets complete the look. By Mila Schon.

Valentino's quilted blouson jacket with fox trim and matching hat worn with silk blouse and a wool striped skirt.



Right, Schon's ottoman silk dress with satin revers and black satin blouse over which is worn a checked wool coat piped in silk. Accessorized with and gloves.

Tickets On Sale For Glen Miller Concert

The date for the long awaited Glenn Miller Orchestra concert at the Pantages Centre has finally been confirmed. Under the direction of saxophonist Dick Gerhart, the Glenn Miller Orchestra will perform at the Pantages on Sunday, May 18 at 3:00p.m. Though the Pantages contracted the Miller Orchestra last spring, the concert date was not confirmed until late last week.

Pantages 1985-86 series subscribers who included the Miller performance in their series package will receive an invoice shortly after February 5. Those who purchased tickets as part of their series package using a credit card have until 6:00p.m., February 27 to make other arrangements for payment if they wish. On February 28 all orders placed by charge card will automatically billed. All ticket inquiries should be addressed to the Pantages Centre Ticket Office, 901 Broadway, Tacoma, Wa. 98402-4415, (206) 591-5894.

Tickets go on sale to the general public Wednesday, February 12. Reserved tickets are $15, $12.50 and $10 for adults, and $13.25, $11 and $7 for students and senior citizens (over 62). $4 tickets for any remaining seats will be available on May 18 only for students and seniors.

Tickets are available at the Pantages Centre, 901 Broadway in Tacoma and at all Ticketmaster outlets. For ticket and event information or to order tickets by telephone call 591-5894, noon to 6:00p.m., Monday through Saturday. Mail and phone orders are subject to $1.50 per ticket handling charge. Tickets purchased at the Pantages Centre Ticket Office for this event are not subject to a handling charge. All sales are final - no ticket refunds or exchanges.

Question Answered Daily By V.A. Counselors

Q. - I paid off my VA home loan. Does this mean my eligibility has been restored?

A. - No. In order to have your eligibility restored you must dispose of the property.

Q. - Can I use my VA home loan guaranty to purchasea duplex?

A. - Yes. One veteran's entitlement may be used to purchase up to a maximum of 4 family units, one of which is to be occupied by the veteran. Two eligible veterans may combine their entitlement to purchase up to a maximum of 6 units.

Q. - As a disabled veteran, I used the Specially Adapted Housing grant in the past. Is there any other grant available for me to adapt another home?

A. - You may qualify for Home Improvement and Structural Alterations (HISA), a program administered by VA medical centers.

Park District Offers Pinochle Class

Beginning pinochle will be offered through the Metropolitan Park District of Tacoma at the South End Pool Community Room, 402 East 56th. It will be held Thursdays, starting February 20, from 1-2:30p.m. and is open for adults/seniors.

The instructor is Hilda Washburn who is president of the Golden Age Club. The class is a six week session with a fee of $9 for adults and $6.75 for seniors.

Call Metropolitan Park District 591-2044 for more information.

Green Pepper Steak

Preparation time: 20 min. **Cooking time: 30 to 40 min.**

A good family dish, you cut economy beef, either chuck or round into thin strips and cook it until tender; then add vegetables.

For 4 servings you will need:

- 1 lb. beef chuck or round, fat trimmed
- ¼ cup soy sauce
- 1 clove garlic
- 1½ tsp. grated fresh ginger **or**
- ½ tsp. ground
- ¼ cup salad oil
- 1 cup green onion, thinly sliced
- 1 cup red or green peppers cut into 1-inch squares
- 2 stalks celery, thinly sliced
- 1 Tbsp. cornstarch
- 1 cup water
- 2 tomatoes, cut into wedges

QUICK & TASTY

Preparation:

1. With a very sharp knife cut beef across grain into thin strips, ⅛-inch thick.
2. Combine soy sauce, garlic, ginger. Add beef. Toss and set aside while preparing vegetables.
3. Heat oil in large frying pan or wok. Add beef and toss over high heat until browned. Taste meat. If it is not tender, cover and simmer for 30 to 40 min. over low heat.
4. Turn heat up and add vegetables. Toss until vegetables are tender crisp, about 10 min.
5. Mix cornstarch with water. Add to pan; stir and cook until thickened.
6. Add tomatoes and heat through.

Tips: You can prepare the beef ahead and refrigerate just before adding the vegetables. Finish cooking later.

For 2 servings:
Half of the ingredients. You might need to add some water.

For 8 servings:
Double the ingredients but reduce the water to 1¾ cups. Add another ½ Tbsp. cornstarch.

Advertise In Tacoma Facts

Workshop On Mexican Cooking

From appetizers to entrees, Mexican cuisine can spice up a party or dining experience.

Pork tidbits, Chorizo, Rellenos, Empanaditas, and Arroz Con Pollo are a few of the recipes to be demonstrated and sampled in upcoming workshops on Mexican cooking. Each workshop will be held from 6:45 to 9:45p.m., at Puyallup High School, room 105. For registration information, call Fort Steilacoom Community College's Eastern Extension, 848-9331.

The three workshops and the dates they will be held are: "Appetizers," Tuesday, Feb. 11: "Brunch Items," Tuesday, Feb. 18: "Carnes," Tuesday, Feb. 25. Cost is $10 per workshop or $27 for the series.

Get Help To Quit Smoking

Get help to quit smoking by attending a "Freedom From Smoking" clinic, designed to help smokers kick the habit permanently. The seven session clinic will begin on Tuesday, February 18, 6:30 - 7:30p.m., in the portable classroom at Lakewood General Hospital, 5702 100th Street S.W., Tacoma.

Sponsored by the American Lung Association of Washington and Lakewood General Hospital, the clinic emphasizes unlearning a habit and does not involve scare tactics. Participants develop an individual strategy for quitting, learn relaxation techniques, identify their triggers, and learn to avoid weight gain.

Fee for the clinic is $35. Pre-registration is required. Call 588-1711, extension 379.

Black On Black Crime By Wendell Jones

Black on Black crime who is this trifling...Black on Black crime but a hope to die. Black on Black crime need we ask why....Black on Black crime for a fifty dollar high.

Kashmir, Himalayan Highlight TCC Study Tour

The many ranges of the Himalayas will be the backdrop for an exciting 16-day Tacoma Community College travel-study tour to Kashmir and the Ladakh Tibetan Plateau. The tour is scheduled for July 3-18.

After arriving in New Kelhi, capital of India, the tour will move to the northermost of India's states, Jammu and Kashmir. In Srinager, Kashmir's capital, participants will have a chance to travel through city canals to the famous floating vegetable market, to visit a Kashmiri carpet factory, and lodge in houseboats on Dal Lake.

Other features include: a visit to Kohahoi, a 17,500 foot mountain; a flight to the city of Leh, in the Ladakh Tibetan Plateau area; a journey to Stok Village, a medieval site; and visits to ancient monasteries.

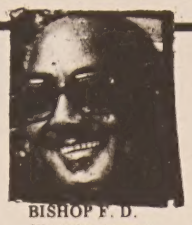
Estimated tour cost of $2,850 includes airfare, hotels, houseboats, scheduled sightseeing, most meals, Sherpa guides and ponies. Space is limited and early registration is recommended. For more information, contact the TCC Office of Continuing Education at 756-5020.

International Church Directory

WARNING: JESUS IS COMING SOON

Edwards Temple
C.O.G.I.C.
1107 South 21st
Tacoma, Washington
475-1467
Sunday School.....10:00 a.m.
Morning Service.....12:00 p.m.
Evening Service.....8:00 p.m.
Wednesday Bible.....8:00 p.m.
Friday Worship.....8:00 p.m.
Marriage and Family Counseling

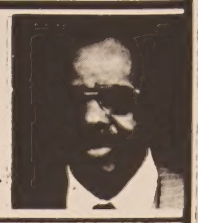
Bishop Robert Edwards, Pastor



BISHOP F. D. WASHINGTON

Washington Temple
Church Of God In Christ
EVENING SERVICES
WEDNESDAYS
FRIDAYS 7:00 P.M.
SUNDAYS 9:30 A.M.
1328 President St
Brooklyn, New York 11213

ST. JOHN BAPTIST CHURCH
So. 20th & J Street
Services...10 A.M., 11 A.M., & 7 P.M.
We offer Spiritual Guidance and Family Counseling
Office 572-7054 Ic 475-5285.
Rev. J. Andrew Boles, Sr., Pastor



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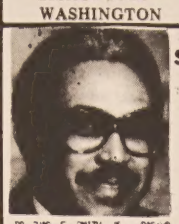
2411 Fir Ave.
Lubbock, Texas 79404
Phone 806 744-5334

HAYNES MEMORIAL CHURCH
2830 Ross Ave.
Fort Worth, Texas 76106
Phone 817 624-9223

Bishop W.D. Haynes
Church of God in Christ Inc.
P.O. Box 2411
Lubbock, Texas 79408

Res. 3256 63rd
Lubbock, TX 79413
Ph. 806 796-2637

Res. 2826 Ross Ave.
Fort Worth, TX 76106
Ph. 817 626-2107



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PHONE: (206) 329-3829
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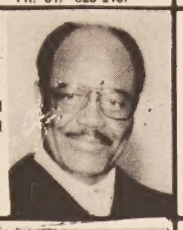
SUNDAY SCHOOL.....9:30 AM
MORNING WORSHIP.....11:30 AM
Y.P.W.W.....6:30 PM
EVENING WORSHIP.....8:00 PM
MID-WEEK
TUESDAY/FRIDAY.....8:00 PM

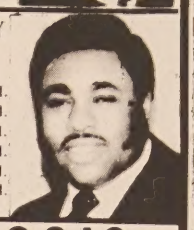
NEW COVENANT PENTECOSTAL TABERNACLE
2156 So. K Street
Sunday School.....9:30 A.M.
Sunday Worship.....11:00 A.M.
Wednesday Eve.....7:30 P.M.
Friday-YPCW.....7:30 P.M.
Tuesday Services at Evergreen Chapel, Ft. Lewis.....7:30 P.M.
Evangelist Mrs. E. E. Travis

ALLEN AME CHURCH
1411 So. Yakima 627-6855
Church School.....9:30 A.M
Morning Worship.....10:55 A.M
Wednesday Bible Study.....7 P.M
Serving God
Through Service To Mankind
Rev. G. Mansfield Collins, Minister



AGAPE FORCE: CENTER EVANGELISTIC SERVICE
SAT. 7:p.m.
SUNDAY SERVICES 10:A.M.

TRUE VINE COMMUNITY CHURCH COGIC
5715 No. 33rd (& Pearl)
Sunday School.....10 A.M.
Morning Worship.....11:15 A.M.
Evening Worship.....7 P.M.
Tuesday Prayer.....11:30 A.M.
Tues. Bible Study.....7:30 P.M.
Thursday Evangelistic Service.....7:30 P.M.
Pastor Leo C. Brown, Jr.



BETHLEHEM BAPTIST CHURCH
1723 So. I
Sunday School.....9:30 A.M.
Baptist Training Union.....6 P.M.
Worship Services.....11 A.M., 7:30 P.M.
Office 272-3309
Residence - 627-0613

Rev. Percy R. Gardner, Interim Pastor

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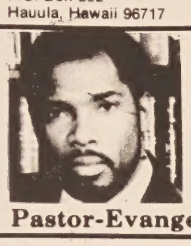
Eld. Dennis Welch
P.O. Box 252
Hauula, Hawaii 96717
Phone 293-5506

Greater Glory C.O.G.I.C.
6419 Empire Way S.
SUNDAY SCHOOL - 10:00 A.M.
MORNING WORKSHIP - 11:30 A.M.
WED. (PRAYER & BIBLE BAND). - 7 P.M.
FRIDAY (YOUTH SERVICE) - 7 P.M.
SAT. PRAYER - 9 A.M.
Eld. Towsend, Pastor

Holy Trinity Mission
C.O.G.I.C.
Christian Youth Center
CHRISTIAN YOUTH RECREATIONAL CENTER
MON. thru FRIDAY 3:30 p.m.-10:30 p.m.
SAT. 11 a.m.-11 p.m.; SUN. 2 p.m.-6:30
MISSION SERVICE, SUN NIGHT 7:30 p.m.
1313 SOUTH "J" ST., TACOMA, WASH
Bishop D.L. BROOKS
D.D.W. FOUNDER & DIRECTOR



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Buffalo, New York 14211
Pastor-Evangelist W. Woods, Jr.

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TACOMA, WA 98424
SUNDAY SCHOOL.....10:15 a.m.
MORNING WORSHIP.....11:30 a.m.
EVENING WHORSHIP.....8:00 p.m.
TUESDAY BIBLE BAND.....7:45 p.m.
THURS. EVENING SERVICE.....7:30 p.m.
CHURCH 922-7225 RES. 322-0565
ELDER LEE YOUNG, PASTOR
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152 - 26 Avenue
Seattle, Wa. 98122
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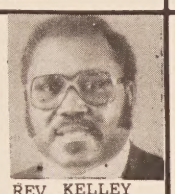
Morning Worship.....11:30 A.M.
Evening Youth.....6:30 P.M.
Evening Service.....8:00 P.M.
Tues. Bible Study.....8:00 P.M.
Wed. Deliverance Service.....8:00 P.M.
Fri. Young People's Night.....8:00 P.M.



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HOLY SPIRIT SERVICES
Morn. Worship . . . 11:00 A.M. Thurs. Eve.
Sunday School . . . . . 10:00 A.M.
Service . . . . . 7:00 P.M.
Sunday Eve. Youth . . . . . 7:00 P.M.
Pastor . . . . . Dennis McMains

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2302 South Alaska Street
Tacoma, Washington 98405
Sunday School.....9:30 A.M.
Sunday Services.....11:00 A.M.
B.T.U.....6:00 P.M.
Evening.....7:00 P.M.
Pastor 272-9036 Church 272-8911
Home 474-5486
Rev. Dan W. States, Pastor

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SEATTLE, WA 9812
HOME PHONE 322-42

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Church Of God In Christ
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Telephone: 841-9181
Pastor: Elder Paul L. Martin Res: 456-1406
861 Hoomoana Way, Pearl City, Hawaii 96782

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4902 McKinley Ave. E
473-6740 Office, 759-5084 Residence
Sunday School.....9:30 A.M.
Sunday Morning Worship.....11:00 A.M.
YPWW Sunday.....6 P.M.
Sunday Eve Worship.....7:30 P.M.
Tues. Eve. Bible Sunday.....7:30 P.M.
Thurs. Evangelistic Service.....7:30 P.M.
Family Night, 1st Friday ea. mo.....7 P.M.
Prison Ministry at McNeil Island & Monroe Co
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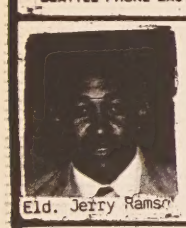

Eld. Jerry Ramsey

BIBLE WAY CHURCH OF GOD IN CHRIST
2228 WETMORE
EVERETT, WASHINGTON
(206) 259-4740

Holy Temple Church of God In Christ
East 312, 3rd Street
Spokane, Washington
Pastor: Elder Ezra D. Kinlow

Meredith Temple C.O.G.I.C.
1158 Mt.Vernon Ave.
Columbus, Ohio
43203 (614)258-9903 Res.252-6954(The Church In Red-Where The People Are Being Fed

ELD. HEZEKIAH MEREDITH PASTOR

DIAL A PRAYER (614)258-4163.

Power House C.O.G.I.C.

Morning Wroship	12:00	noon
Y.P.W.W.	7:00	p.m.
Evening Worship	8:00	p.m.
Tuesday Night Prayer & Bible Band	8:00	p.m.
Friday Night Service	8:00	p.m.

Pastor - Henry A. Jenkins, Sr. (SEATTLE)

FRIENDLY TEMPLE C.O.G.I.C.
YAKIMA, WA 98901
SAMMY TROTTER, PASTOR
601 S. NACHES AVENUE
509-452-8262
CHURCH:
306 E. ADAMS STREET
509-575-4734

Come To Church Services

ST. MARK 9:39-49

But Jesus said, Forbid him not: for there is no man which shall do a miracle in my name, that can lightly speak evil of me.

For he that is not against us is on our part.

For whosoever shall give you a cup of water to drink in my name, because ye belong to Christ, verily I say unto you, he shall not lose his reward.

And whosoever shall offend one of these little ones that believe in me, it is better for him that a millstone were hanged about his neck, and he were cast into the sea.

And if thy hand offend thee, cut it off: it is better for thee to enter into life maimed, than having two hands to go into hell, into the fire that never shall be quenched:

Where their worm dieth not, and the fire is not quenched.

And if thy foot offend thee, cut it off: it is better for thee to enter halt into life, than having two feet to be cast into hell, into the fire that never shall be quenched:

Where their worm dieth not, and the fire is not quenched.

And if thine eye offend thee, pluck it out: it is better for thee to enter into the kingdom of God with one eye, than having two eyes to be cast into hell fire:

Where their worm dieth not, and the fire is not quenched.

For every one shall be salted with fire, and every sacrifice shall be salted with salt.

We welcome news of your church and civic events.

Please address photos and copy to ROSA LEE BROOKS ***c/o The Tacoma Facts or call*** 627-1313

WHERE SALVATION MAKES YOU A MEMBER
SUNDAY SCHOOL 9:45 A.M.
MORNING WORSHIP 11:00 A.M.
BIBLE STUDY AND PRAYER SERVICE WED. 7:00 P.M.

SHERIDAN STREET CHURCH OF GOD
PASTOR R. L. FLETCHER

BARBARA INGRAM
SUNDAY SCHOOL SUPERINTENDENT
2303 S. SHERIDAN ST.
TACOMA, WA 98405
HOME - 756-0682
272-8231
627-0553

Seed Of Life Baptist Church 3416 53rd Ave. NE.
Sunday School.....10:45 a.m.
Morning Worship.....12:30 a.m.
We are meeting at the Saint Theresa Chapel, 3931 S.W. 331st, Federal Way at 12:30 a.m.
Come and JOIN US for a SPIRIT FILLED worship service.
Wednesday Prayer Meeting.....7:00 p.m.
952-2385

Rev. Ronald Shorter Pastor

SUNDAY SCHOOL 9:30 AM
MORNING SERVICES 11:00 AM
PRAYER MEETING WED. 7:00 PM
WELCOME TO
Pilgrim Rest Baptist Church
5314 PORTLAND AVE.
CHURCH 472-5388
PASTOR *Rev. M. G. Cain* 475-5986
ASSOCIATE PASTOR *Elder Horne* 474-8282

Cornerstone Life Church

Service held at 2534 Grandview Ave. W., University Place Park & Rec. Bldg. Sunday 1 a.m.-6 p.m. Radio broadcast at 11:30, KBLE Radio, AM 1050.
Pastor: Rich Carbone
Ph. 752-6386

Advertise Your Church With Tacoma Facts News. (Reasonable Rates) All Church News, Weddings, Ect. Are Printed Without Charge To: Rosa Brooks .1401 So. 11st. Tacoma Wash. 98405

Advertise In The Tacoma Facts, We Care About You

Grace United Methodist Sponsors Musical

The America's Gospel Singers Union Local No. 7th of Tacoma, and Seattle, Wa. will be having a Musical Program on Sunday February 9th, 1986 at the Grace United Methodist Church at 1801 East 34th and R Street in Tacoma, where Rev. Baker is the Pastor. Time 3:00p.m.

Groups are the Blackmon Family Singers of Tacoma, and Rev. F. Moore and the Heaven Note of Seattle. Our special guests are the Voices of Mt. Calvary, and the Choir of the Full Gospel Penecostal Church. Both churches are from Tacoma. We are asking each and everyone to come out and praise the Lord with us in songs. The public is invited.

MT. Pleasant Baptist Presents Seattle Song Birds In Concert

The Mt. Pleasant Baptist Church Sunday School Department proudly presents in concert the Seattle Songbirds. This group is well known throughout the Seattle area. They have been spreading the gospel of Christ through song. The day is Sunday, February 9, 1986 at 3:00p.m. Please come out to hear this fantastic group. For more information call 325-0847. Rev. Cecil L. Dodson is the Pastor.

Views On Abortion

Only 8% of the babies of black women are born into traditonal families having a father and a mother. All other pregnacies of black women end in abortion (41%) or with a 51% single parent, often a teenager. Two out of three black women get abortions. The saddest thing is that black women are killing off their babies and we may not have the next generation. So what is the message from the church?

Do you, as a christian believe in murder? Is this your responsibility to take a stand against this holocaust?

Please read Proverbs 24;11-12, Jeremiah 22;3, and Joel 2;12.

There is an initiative coming out in two weeks banning state funded abortion. Will you stand with us to stop our tax dollar from being used to kill babies? Here are some agencies to contact if you want to get involved. LET'S NOT BE SILENT!!!!!

W.E.B.A. - Karen 581-0461. Women Exploited By Abortion. Jim Coatson - 627-2847, Picket Abortion Clinic, Crisis Pregnancy Center - 383-2988, they need black women to counsel teenagers against abortion. Family Action - 742-1021 Initiative. New Beginning - 473-4477 Debbie Mupick, Peoples Action Network, Bud Niehergall - 564-5241.

For more information or any questions please call Christinia Reed at 272-5077.

Business Services Directory

HEALTH

Medical Arts Building
Human Relations
Community Development
740 St. Helens
Mental Health Center
12th & K St.
St. Joseph's Hospital
17th & So. I St.

Daniel J. Thomas MD
1106 South 4th
383-4781

Wright Park Dental Clinic
814 Sixth Avenue
272-7574
Seattle Back Clinics
Dr. Richard L. Haynes,
Chiropractic Physician
616 Suite Bldg.
1331 - 3rd Ave.
623-0549
Eastside Community Center
44th & Portland Ave.,
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Fort Steilacoom Community College
9401 Farwest Dr. S.W.
Tacoma Community College
12th & Mildred, Tacoma, WA

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Public Service Building Job Service D.S.H.S.
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Tacoma Public Library Main Branch
11th & Tacoma Ave. So.
Tacoma Urban League
2550 S. Yakima • 383-2006

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Seattle, WA 98122
New Jerusalem Church of God in Christ
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True Vine Community Church C.O.G.I.C.
5715 N. 33rd & Pearl
'Pentacostal' New Convenent Tabernacle
2156 S. K Street
St. Paul Bapist Church
2225 So. 19th • 627-6422
Marantha Evangelical C.O.G.I.C
1401 So. I • 627-1302
St. John Baptist Church
So. 20th & J Street
Shiloh Baptist Church
1211 S. I Street
Allen A.M.E. Church
1411 So. Yakima
Bethleham Baptist Church
1723 So. I
Eastside Community Church C.O.G.I.C.
4420 Portland Ave. • 472-3550
Deliverance Revival Center
1505 So. Fawcett
Friendly Temple C.O.G.I.C.
306 E. Adams St., Yakima, WA 98901
Rev. Trotter, Pastor
Edwards Temple C.O.G.I.C.
1107 South 21st
Bishop Robert Edwards, Pastor
Vocational First Baptist Church
1810 Tacoma Ave. South
Bro. Emilio Encarnacio, Pastor
Gailee Baptist Church
5802 S. Puget Sound
Rev. Stinson, Pastor
Miles Memorial C.M.F. Church
1601 South L. St.
Rev. Pastor
Mt. Tahoma Seventh-Day Adventist Church
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1223 So. Washington St., Seattle, WA 98144
Rev. L. Green, Pastor

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12th & M
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1422 So. K St., Tacoma • 627-9903
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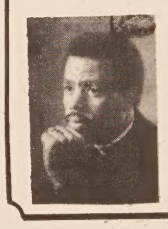
Tacoma, Washington 98411

REV. James Watson Daily



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Advisory Council To Discuss Right To Know Changes

OLYMPIA -- And advisory committee to the Department of Labor and Industries will meet Feb. 14 to discuss revisions in the state worker right to know act. The changes would establish requirements for chemical trade secrets and extend the act to the agriculture industry as provided by a law enacted in 1985.

The Right to Know Advisory Council session will begin at 9:30a.m. in the Harbor Room of the Seattle Airport Hilton, 17620 Pacific Highway South, Seattle.

Council members will discuss how Labor and Industries should implement the two major amendments that were enacted last year. One requires employers or manufacturers to disclose the chemical identity of a hazardous substance in the event of a medical emergency, regardless of trade secret claims. The other extends right to know requirements to the agriculture industry.

The council will take brief public comments on the changes at 9:45. Those who wish to testify must contact Marcia Holt at (206) 753-1446 by Feb. 10. Written comments may be submitted at the meeting or delivered to the Right to Know Program, Industrial Safety and Health Division, 814 E. 4th St., Olympia, Wa. 98504. A full public hearing on right to know issues is planned early this spring after regulations have been put into draft form.

The council advises the department on worker-related provisions of the state right to know act, which takes effect May 25. The Department of Ecology is responsible for community right to know information and enforcement.

The worker right to know provisions require employers to provide employees detailed information and training on hazardous substances in their workplaces. The original act was passed by the Legislature in 1984.

Pierce Transit To Sell Tax Benefits

Pierce Transit's Board of Commissioners has determined certain tax benefits created by the system's recent purchase of thirty-nine Gillig buses cannot be utilized by the system and therefore will be sold. As a public agency Pierce Transit pays no taxes, but is able to sell the tax benefits for their cash value to a private entity. In order to take advantage of the tax benefits the buyer will purchase the Gillig buses, paying Pierce Transit at no cost to the agency. Pierce Transit retains use, control and benefit of the buses.

A public hearing will be held concerning the sale at Pierce Transit Headquarters, located at 1235 South Sprague, in Tacoma, on February 11, 1986. The hearing begins at 7:00a.m.

State Gets 1.6 Million For Homeless Citizens

Washington state counties will soon receive more than $1.6 million in federal assistance for homeless citizens under legislation pushed late last year by U.S. Senator Slade Gorton. Due to lower 1986 unemployment figures, the new funds are a slight decrease from the $1.75 million provided to the state last year. It is nationwide unemployment upon which the national distribution formula is based.

Gorton said the Emergency Food and Shelter National Board today will begin notifying private charity groups in 20 Washington counties about the federal grants designed to help the homeless. Washington state relief agencies will receive a total of $1.647 million dollars from the federal government to purchase food and shelter for homeless Washingtonians.

"The mentally ill, evicted families, abused spouses, and cast-off children who make up our homeless population are getting few of the benefits of the nation's economic recovery," Gorton said. "Communities in Washington state and throughout the nation face the tragic and growing problem of the homeless - those whose address too often is a highway underpass and who live from day-to-day on food they scavenge from supermarket dumpsters."

Washington state's award is part of a $70 million appropriation pushed by Gorton during the debate on the 1986 HUD Appropriation bill late last year. The original Senate version of that bill would have provided only $50 million for the nation's homeless. Gorton consponsored an amendment that increased the Senate-approved funding by $20 million.

He also successfully added $5 million dollars to begin a demonstration project that would help homeless Americans make the transition from living on the streets into being part of the housing mainstream. That initiative was rejected by House conferees on the HUD appropriation bill.

Gorton said he will continue his effort to pass his "Homeless Housing Assistance Act," a measure that would strengthen the Emergency Food and Shelter program, allow private shelters to use federal funds for shelter renovation and conversions, and establish a demonstration program to assist homeless Americans move into traditional housing.

"The scourge of being homeless hits particularly hard during these winter months," Gorton said. "It is an emergency problem, particularly in our urban areas. In Seatle, people are seeking refuge from the cold in underground garages and under bridges and viaducts near downtown.

Notice Of Public Hearing

At 7:00a.m. on February 11, 1986, the Pierce Transit Board of Commissioners will hold a Public Hearing in the second floor conference room of the Pierce Transit Administrative Building at 1235 South Sprague for the purpose of hearing public comments regarding the authorization of the sale of depreciation rights on thirty-nine Gillig forty-foot buses.

If you wish to make comments, appear in person at the February 11, 1986 Public Hearing, or submit comments in writing to Pierce Transit no later than February 10, 1986. Address comments to Pierce Transit, Attn: Clerk of the Board, P.O. Box 5738, Tacoma, Wa. 98405.

Specialized transportation and an interpreter for the deaf will be provided upon request with a minimum of five days' notice.

Bonnie L. King
Clerk of the Board

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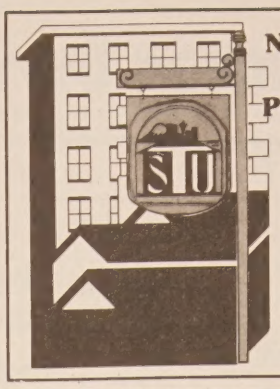

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NEWS

Unemployment Rate Jumps To Nearly 1 Half Percent In Dec.

OLYMPIA - The unemployment rate in Washington state climbed nearly one-half percent during December, to 8.4 percent, but Pierce County remained the same, the Employment Security Department reported today.

That translates into 176,300 jobless persons statewide, up 6,400 from November, when the rate was 8 percent.

In Pierce County, the unemployment rate for December stood at 7.9 percent, the same as November's jobless figure. It meant that 16,200 persons were out of work.

But the county's December rate was down sharply from 10.4 percent for December 1984.

Employment Security Commissioner Isiah Turner said the state-wide increase was less than normal for this time of year when deteriorating weather curtails outdoor activities, such as logging and construction.

"The unemployment rate in Washington state normally rises six-tenths of a point between November and December," Turner said.

He also reported that employment has increased 74,100 over the past 12 months.

"The expansion," said Turner, "was sufficient to provide jobs for new entrants in the labor force and to reduce unemployment by 24,500 persons. The jobless rate in December 1984 was 9.8 percent compared with the current 8.4 percent rate.

Ski resorts were one of the few industries to benefit from winter weather. The expansion of businesses serving skiers was largely credited with pushing unemployment in the services group up 1,300 in December, said Turner.

On the down side, government employment fell 3,100 due to seasonal cutbacks on outdoor work and temporary reductions at colleges between fall and winter terms.

Weather conditions were largely responsible for losses of 2,900 jobs in construction and 1,400 in the forest products industry.

Two counties reported unemployment rates in excess of 20 percent - Wahkiakum, 23.8 percent and Skamania, 22.1 percent.

Whitman County, as usual, reported the lowest rate, 3.6 percent.

The Seattle-Everett area reported a 6.4 percent unemployment rate, Bellingham 9.1 percent, Bremerton 5.9 percent, Olympia 7.8 percent, Spokane 8.5 percent, Tri-Cities 10.4 percent, Vancouver 8.9 percent and Yakima 16.5.

Citizens

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National Center for Missing and Exploited Children

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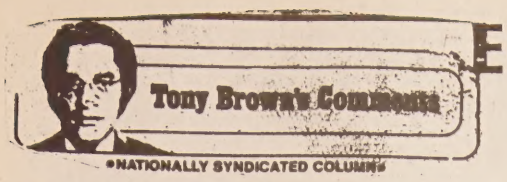

Protect Martin Luther King's Legacy

History is being distorted so it won't be repeated. As you know, he who does not understand history is doomed to repeat it.

As the country went about the first federal holiday of Martin Luther King, Jr.'s birthday, the historic attempt to halt Black progress was everywhere. Not in any heavy or odious racist form. But pleasing and complimentary.

King, the revolutionary, was packaged in slick Madison Avenue photos (always thinking, never being arrested or otherwise abused). He dreamed. You see, if there had been no King-the-Revolutionary there would be none to follow.

In my public speeches during this week, I encouraged audiences to focus on King's pride in his culture and how he used it to love himself for what he was and, therefore, as a basis of love for all races. But love for other groups, I reminded them, begins with love for your own people.

The other aspect of King that invites distortion is his strong belief in non-violence. But that did not eliminate his passive-aggression. King did not lull segregation to sleep in a day dreamer's paradise, he created a hell-on-earth for injustice, immorality and racism.

Frederick Douglass, at the middle of the last century, told us what King obviously understood: "If there is no struggle, there is no progress."

"The struggle may be a moral one or it may be a physical one or it may be both moral and physical. But it must be a struggle. Power nothing with a demand," he added.

"Struggle" is what King did -- not dream; although his struggle was based on a dream of equality. And it touched us all.

I remember as a young man, fresh out of college, organizing what would go down in history as the largest civil rights march in America. King was the attraction on that 23rd day of June in 1963 in Detroit. "Walk To Freedom With Martin Luther King," I had named it.

Detroit, at that time, was a city where Blacks could not work in banks, television stations or hold significant political positions. Racism in the White-controlled newspapers was rampant. One form was to always seriously undercount Black events.

Although I possess a police affadavit certifying over 500,000 in attendance, the White papers printed in 1963 that there were only 125,000 and did so again this year on January 20, 1986.

What hurts though is that Blacks are picking up the distortion as factual history -- and repeating it.

On January 20, 1986 when I spoke at Cobo Hall in Detroit as the Keynote speaker on the city's official program honoring Dr. King before 12,000 people, I remembered that he had spoken at the same Cobo Hall before 12,000 people (with over 500,000 listening outside) on June 23, 1963. On this occassion, he delivered his famous "I Have A Dream" speech for the first time.

I remembered my feelings that day and the mixture of love and hate for this country that mingled in my blood. I also remember how I felt after he spoke. The conflict was gone. The direction was straight ahead. I, too, had a dream -- now.

And I knew that a young Black man could dream for a beter America, if it were based on a committment to a struggle for justice.

When I went back to Detroit last week, the mayor was Black, there is a Black bank, Blacks proliferate at White television stations and newspapers (I hope they've improved their headcounting) and whatever injustice the citizens face is a result of human failure, and not the arrogance of White supremacy.

A dreamer could never have shaped the course of American history as King did. And it is the job of the Black community to stop the distortion of King's life after his death.

Tony Brown's Journal TV series can be seen on public television Saturday, on channel 9 at 12noon. It can also be seen on channel 62, Thursday at 10:30p.m. Please consult listings.

An Independent View from Capitol Hill

BY HON. GUS SAVAGE
Member of Congress

Victim Not Cause Of Plight

Richard Wright, probably the best Black writer America has produced, published his land-mark novel, "Native Son", in 1940. In his novel, Bigger Thomas, Wright's young Black protaganist, in a violent rage against society, lashed out against everybody who got in his way, destroying the oppressed and oppressors alike.

Wright was not ashamed to graphically depict the crimes committed by Bigger Thomas because he was convinced that Bigger was a victim instead of a victimizer, and that the cure to Bigger's plight rested not with merely restraining and probably "converting" him but with radically altering the society which had produced him.

When Native Son was published, seven years after the launching of Franklin Roosevelt's New Deal, this country was in the process of critically examining its social and economic values. Most intellectuals, especially in the North, were in agreement with Wright that environmental pressures represent the strongest forces shaping the social and moral character of human beings.

Writing in the introduction to Native Son, highly respected critic and author Dorothy Canfield Fisher stated: "Mr. Wright does not prove to us, in one realistic incident after another, taken from the childhood and youth of his hero, that the outlets to native power which would have been open to any white boy were closed to Bigger. He knows he does not need to prove this. With a bold stroke of literary divination, he assumes that every one of his American readers will know all that without being told. And he is right. We do."

White American intellectuals might have known that the victim is not the cause of his plight then, but they definitely don't act and sound like they know it now. This came through loud and clear to me on Saturday night, January 25, when I viewed the CBS television presentation, "The Vanishing Family: Crisis in Black America", hosted by liberal commentator, Bill Moyers.

After showing 90 minutes of the most self-condemning, anti-Black interviews he could find, and with this material fresh in the minds of viewers, Moyers, with sly demeanor and snide remarks, tried to trapa panel of distinguished Blacks into admitting that the Blacks portrayed on the show were primarily responsible for the conditions in which the found themselves. To their credit, the panel, which consisted of the Rev. Jesse Jackson, Eleanor Holmes Norton, Newark police head Charles Knox, and sociologist Dr. Glen Loury, did not fall into the trap.

Why, we must ask ourselves, 46 years after the publication of Native Son, and approximately 20 years after the end of legal segregation in this country, is the Black underclass of poverty, ignorance, despair and violence growing, not decreasing? Why?

A society which has as its highest mission not the protection of the welfare of its citizens but the accumulation of maximum profits, which is motivated not by a spirit of cooperation but by the thrill of excessive competition, could hardly expect not to create such an underclass of undesirables. The wonder is not that conditions are as bad as they are, but that they are not worse.

Each of us must say clearly to white America and reaffirm to ourselves: "I will do everything in my power to eliminate the crippling ignorance among us, to reverse the trend of Black family destruction, but I will not let you saddle me with your guilt as well as my despair. And as I struggle to cast off my shackles, I am ever aware that the only lasting way to break the chains that bind me is to eradicate from your world and mine the conditions which forged the chains in the first place."

Second District Citizens Visit State Capitol

(Olympia)---More than 120 Second District residents visited the state capitol Tuesday evening to meet with their legislators Senator R. Ted Bottiger (D-Graham), Rep. Wayne Ehlers (D-Spanaway) and Rep. Karen Madsen (D-Roy). The Second District Night is an annual event that gives constituents a chance to see their state government first hand.

The visitors were greeted in the State Reception Room by their legislators.

"I was so glad to see such a big turnout and would have loved to have spent more time with the visitors but they understood when I called away to an important evening session of the House Ways and Means Committee," Madsen said.

Participation was the first order of business when the visitors took seats on the floor of the House and Senate. Senator Bottiger and Rep. Ehlers answered questions about current legislative issues.

Rep. Ehlers fielded questions from visitors to the House chamber. Questions from the Second District Group ranged from "What affect will the Federal budget cutting Gramm-Rudman Act have on the State of Washington?" to "How can the state help to solve the current liability insurance crisis?"

On the Senate side, Senator Bottiger presided over a mock legislative session. The measure before the guests was a bill to equire motorists to use seat belts on Washington highways. After debating the issue, it was narrowly approved by the group. Senator Bottiger told the group that it was a good example of how many votes are very close and decisions are not easily made in the legislative arena.

The visitors also heard from representative of the so-called "Third House". A lobbyist explained how she watched the legislative process for an interest group. Lobbyists bring their suggestions to members of the legislature, provide testimony and information on specific bills.

Bottiger, Ehlers and Madsen were very pleased with the turnout at the Second District Night and encouraged the visitors to maintain an active role in state government.

Swifts Uniform Poll Closing Bill Approved

Washington, D.C.--Legislation that would establish a uniform poll closing time for presidential elections in the 48 continental United States was passed yesterday by a 204 - 171 vote in the House of Representatives. Second District Congressman Al Swift, who chairs the Subcommittee on Elections, sponsored the bill along with Congressman William Thomas (R-CA).

"The Uniform Poll Closing bill will finally solve the problem of early projections of election returns. No longer will voters in some parts of the country be told who won the presidential election before they have an opportunity to cast their ballots," Swift said.

Under the legislation, polls would close simultaneously in the Eastern, Central, Mountain and Pacific Time zones at 9p.m. E.S.T. In the Pacific Time zone, Daylight-saving Time would be extended by a maximum of two weeks and only once every four years during the presidential general election. The extension allows polls in the Pacific Time zone to close at 7p.m. Pacific Daylight Time. Alaska and Hawaii would be exempt from the legislation, but could modify their poll closing times if desired.

In the 1980 and 1984 presidential elections, the television networks, using their exit polling data, projected the outcome before west coast polls closed. Many western voters, including public officials and candidates, charged that the network projections had discouraged people from votng, and had even affected the outcomes of close local and state elections.

The Subcommittee on Elections, chaired by Swift, conducted hearings in 1985 on both coasts, hearing from state and local election officials from across the country. A variety of ideas were discussed at the hearings, including an election day holiday, Sunday elections, 24 hour voting and an embargo of vote counts; but major objections were raised to all of those ideas. The concept of extending Daylight-Saving Time in the Pacific time zone was suggested during the hearings, and was decided to be the least intrusive solution.

"The networks all voluntarily agreed early last year not to use exit polling data to project election results before polls are closed in a given state. But as long as poll closing times vary across the country, voters will contnue to be subjected to announcements of election results before their polls are closed," Swift explained. "That is why the bill is so important to the integrity of election day, not only on the west coast but across the country".

The Uniform Poll Closing Bill passed without major changes although several amendments were offered. Only one amendment was accepted. It would allow polling places, in states that permit it, to close when 100 per cent of the registered voters had cast their ballots.

The bill must now go to the Senate for action.

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Puting Your Net Worth To Work With A Home Equity Loan

Many people who own their homes or other real estate have seen the value of their properties increase substantially over the years. Even though the days are gone when high inflation propelled prices upward, real estate in many parts of the country has held its gains and continues to appreciate moderately.

This means that property owners may be sitting on large "paper" gains that they normally would not have access to unless they sold their homes or other properties. They have an impressive net worth, but it is illiquid and of little practical use to them.

A useful tool for turning some of that net worth into available cash is the home equity loan, a method of financing simlar to a second mortgage. This type of loan is based on your equity in a property, that is, the difference between its current market value and the amount still owed on the mortgage(s). Each institution that offers home equity loans uses a percentage formula to determine the maximum amount you may borrow against your equity.

Here's how that amount is determined under the Shearson Lehman Brothers "Key Client Credit Account" (which is similar to many other home equity loan programs): Assume you bought a house 10 years ago for $100,000, financing it with a $50,000 mortgage. Today, the house if worth $300,000, and the mortgage is down to $40,000. Your equity is $260,000. You would be eligible to borrow $185,000: 75% of the current value of your house ($225,000) minus the outstanding amount on your mortgage ($40,000).

The name home equity loan is actually a misnomer, because this type of loan can be made against vacation and rental properties as well as houses, co-ops and condominiums. And it is not like a conventional loan where you pay interest on the full amount that has been approved. Rather, it is a line of credit that you can borrow from whenever you wish and whatever amount you wish, up to your approved limit. As such, it is an extremely flexible and economical form of credit.

Moreover, the interest rate you pay is much lower than on conventional loans. For example, unsecured consumer loans today carry an interest rate of 15% or more, while borrowing on your credit can cost you anywhere from 17% to 22%. Shearson Lehman Brothers charges 1½ or 2 percentage points above the prime rate (currently about 9.5%), depending on whether or not you are brokerage customer of the firm. Thus, the cost of a home equity loan is currently 25%-50% cheaper than other types of loans. (There are relatively modest, one-time charges associated with establishing this type of loan that vary widely from one lending institution to another.)

The only restriction on the use of the loan proceeds is that they may not be used to buy, carry or trade securities. However, the proceeds can be used for numerous other investments including fixed-rate annuities, municipal bonds, insured CDs and others. In addition, many people buy a vacation home or income-producing property or improve a building they already own with the funds. Others use the money for large cash expenses, such as college tuition, taxes, a long vacation, etc. The credit line is also particularly helpful for people whose income is uneven, such as commission salespeople. They withdraw cash during slow months and repay it when sales are brisk.

It makes sense to consider setting up a home equity credit line when you need to borrow. Once you've set it up, you become your own loan officer. When you need to use it, the funds will be available without filling out an application or waiting for approval. You will have the security of knowing that funds are available on short notice.

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Are Not The Views Of The Publisher, They Are Views Of Individuals, You May Send Your Pro And Con Letters To Tacoma Facts - 1401 So. 11th St. - Attn: Rosa Brook

House Approves Worker's Compensation Trust Fund

Rep. Art Wang, fourth from the right, describes the workers' compensation package that will save the state's trust fund $75 million in the first year of implementation and $19 million for every year thereafter. Wang made the announcement at a press conference attended by (left to right) Sen. Irv. Newhouse, member of the Joint Select Committee on Industrial Insurance; Sen. Larry Vognild, vice chairman of the Senate Commerce & Labor Committee; Rep. Glyn Chandler, member of the House Commerce & Labor Committee; Wang, chairman of the House Commerce & Labor Committee; Rep. Dick King, chairman of the joint Select Committee on Industrial Insurance: Dick Davis, director of the Department of Labor & Industries; and Joe Dear, deputy director of the department.

"In Spokane, missions serving the needy are laying down more mattresses on floors than ever to provide shelter and still must turn people back into the elements.

OLYMPIA--A package of bills that would save the state workers' compensation trust fund $75 million in the first year of implementation while increasing benefits to many injured workers has been approved by the House Commerce & Labor Committee.

The four bills passed by the committee and a fifth bill approved earlier in the session were the results of negotiations between Democrats, Republicans, and representatives of organized labor, business, trial lawyers, self insurers and the Department of Labor & Industries.

"We've seen a breakthrough in workers' compensation in this state," said Rep. Art Wang, who chairs the Commerce & Labor Committee and is a member of the Joint Select Committee on Industrial Insurance.

"All the different sides of this issue have come together and negotiated an agreement that will have a major impact on employers and injured workers. All sides had to compromise in order to come up with a package that would satisfy everyone."

Wang, D-Tacoma, said workers had to sacrifice some benefits and business still will be faced with a rate increase later this year. But with this package, benefits would be increased for workers with permanent partial disabilities and the premium increase to employers would be cut in half.

"We had to stop the bleeding first. Now we can concentrate on a full recovery for the workers' compensation system," said Wang.

The first-year savings of $75 million would cut the trust fund's $225 million deficit by one third. After the first year of implementation, the package would continue to save $19 million a year.

The largest amount of savings would come from a proposal to reduce compensation to an injured worker by the amount of his or her social security retirement benefits. This would apply only to new pension cases. It would result in a $56 million savings the first year and $12 million every year thereafter.

Another $21 million would be saved by eliminating pension benefits for survivors of injured workers who die from causes unrelated to an industrial injury, unless the worker decides to have survivors' coverage.

By closing a loophole that permits workers to recover benefits from both their employer's uninsured motorist insurance policy and from workers' compensation, the state would save another $700,000 a year. Also, workers who claim benefits after voluntarily retiring would be ineligible unless they attempt to return to work. This would save another $1 million.

To balance these reductions, the package includes a proposal to increase permanent partial disability benefits by 50 percent. For example, compensation for loss of a limb would increase from $36,000 to $54,000.

Beauty Queen

that she was on an industry blacklist. She even got a leter from another executive producer who had accepted her property for funding, but who pulled out after learning she had been blacklisted. He notified Sonja by mail that because of the blacklist, he was pulling back."

Dunson claims that because of Farrah Fawcett's illegal actions, she has suffered for more than 11 years. "I had to give up a mansion and a Rolls Royce for a one-bedroom apartment and an old Plymouth," Dunson said. "My career has been ruined, I have been called every dirty name under the sun, and nobody seems to know anything about my situation.

"Because one paranoid woman thought I was having an affair with her husband, I have lost everything."

Aids Test Sought For Aliens

WASHINGTON, The Department of Health and Human Services plans to propose regulations that would require people seeking to immigrate to the United States to be screened for the AIDS virus.

Charles Kline, a spokesman for the department, said the proposed regulations had been approved by the depart-

Continued below

Black Beauty Queen Sues Farrah Fawcet

A former Miss Michigan who claims that action by Farrah Fawcett caused her to be blacklisted from the television industry air fired from the hit TV series "Emergency" has sued the actress for $156-million dollars.

Sonja Dunson, a Black beauty queen who enjoyed a successful movie and television career after studying at the Estell Harmon School of Acting, has filed a multi-million dollar lawsuit against actress Farrah Fawcett, Universal Studios and Mark VII Productions charging them with conspiracy to keep her from working as an actress because Fawcett thought Dunson was having an affiar with Lee Major's, then Farrah's husband.

"Sonja and Lee, both former schoolteachers, had been friends for years before Majors and Fawcett were married," said a spokesman for Dunson. "Lee had only been married for about six months when Farrah became suspicious and was determined to put an end to the relationship."

Dunson's suit, which asks $165 million in damages from each defendant, also names Jacob Shearer, an agent for Mark VII Productions; his daughter, Hannah Shearer, agent Donna Dockstrader, Mark VII Limited and Universal, and charges that when she refused to stop associating with Majors she was fired from her television series and repeatedly slandered.

"The friendship between Lee and Sonja continued when both were working on the Universal Studios lot--Sonja in 'Emergency' and Majors in 'The Six Million Dollar Man'," the spokesman added. "They would frequently have dinner together, and she would visit Lee in his dressing trailer during breaks." However, the spokesman insisted they were not romantically involved.

Dunson also charges that Jacob Shearer, alluding to the fact that Sammy Davis, Jr. wears a glass eye, once physically threatended Dunson, telling her: "The same thing that hapended to Sammy Davis's eye could happen to you--or-worse--if you continue your relationship with Majors."

Dunson claims that since 1974, she has been unable to get work as an actress. The suit continues: "She has not even been able to obtain an interview or audition through normal channels of casting roles for actresses or actors."

Dunson's spokesman said that because she couldn't get work, she decided to develop her own motion picture project, and began seeking prospective investors. "It was at that time that Sonja approached an investor who informed her

Scholarship Program Gets Senate Approval

(Olympia) Legislation to establish tuition and fees scholarships for the working poor and single heads of households won strong Senate approval.

Senator George Fleming (D-Seattle) said the bill is particularly directed toward families headed by women, who constitute the largest percentage group below the poverty level in Washington State.

Fleming said the measure (SB 3444), which was approved by a 44-4 vote, is intended to establish a pilot project to award scholarships through a matching fund between the state and private businesses.

"This scholarship program will be of great help to people who are trying to be self-sufficient and seeking to improve their future in private industry," Fleming said.

Scholarships

Two types of scholarships will be awarded. A scholarship for retraining opportunities will provide tuition and fees for one academic year. The other scholarship, intended for career change opportunities, will award its recipients tuiton and fee costs for two academic years. A maximum of 50 scholarships will be awarded under the plan, based on recommendations of the employers.

Fleming noted that a key objective of the program is to aid the advancement of persons in clerical positions to professional status, and those already in professional positons to managerial status.

Three businesses will be selected from each of the state's eight Congressional districts to participate in a 50-50 match with the state. Under provisions of the bill qualifying private businesses will provide half of the cost, with the state approving a waiver of the other half of tuition and fees. The program is to be administered by the Higher Education Coordinating Board.

The businesses which participate benefit from the investment in improving the educational opportunities of their personnel, and training people for new careers, Fleming concluded.

Abortion Battle Shifts to Aid for Family Planning

By ROBIN TONER

WASHINGTON, Feb. 4 — Abortion has been a flashpoint in American politics, often dominating elections and polarizing debate over domestic programs.

In recent years, however, activists in the fight against legal abortion have increasingly turned their attention to a new front: United States Government assistance for family planning programs abroad. And they are winning significant victories, with population planning organizations saying they see a fundamental shift in Federal policy.

Over the last 18 months, under lobbying pressure by opponents of abortion, the United States has eliminated money for one major international population planning organization and sharply reduced money for another. In both instances, the abortion issue was central to the decision.

But some anti-abortion activists are also focusing on the type of family planning services offered with United States support. The Agency for International Development has dramatically increased its spending on birth control that relys on periodic abstinence from sexual intercourse.

Rule Was Overturned

Last year, in a move strongly supported by some Roman Catholic activists, the agency also tried, unsuccessfully, to change its rules so that counselors on this form of family planning could receive Federal money without having to give their clients information or referals on other forms of birth control. That rule change was later overturned by Congress.

International population planning programs "are now being questioned, and they must be defended in a way their proponents didn't have to 10 years ago," said Robert G. Marshall of the American Life League.

Advocates of population control see things in a considerably different light. "We're seeing what I would consider a reprehensible retreat from reality by the present Administration," said Werner Fornos, president of the Population Institute. At a time when many developing countries are most eager for population assistance, Mr. Fornos added, the United States is "crippling" some of the organizations best able to provide it.

Mr. Fornos and others also assert that these recent developments may be only the first round in a battle over Government support of artificial contraception.

Leaders of the largest anti-abortion organization reject the notion that the abortion issue is being used as a "smokescreen" to attack contraception programs. "We think that's a scare tactic on their part," said Douglas Johnson, the legislative director for the National Right to Life Committee.

> If organizations 'persist in linkage of abortion and contraception, they will suffer.'
>
> *— Douglas Johnson, National Right to Life Committee*

Officials of that committee say they are trying to halt the "exporting" of abortion policies and practices to developing nations by groups that receive American money. They also say they are trying to keep the United States from supporting programs in countries that coerce abortion.

> 'We don't think Government should fund artificial birth control.'
>
> *— Robert G. Marshall, American Life League*

But while the National Right to Life Committee takes no position on contraception, other elements of the anti-abortion movement do. For example, the American Life League, whose officials were among those who met with President Reagan last month, argues that the Federal Government should cease all assistance for contraception programs at home and abroad.

"We don't think the Government should fund these things — artificial means of birth control," said Mr. Marshall, director of research for the organization, based in Stafford, Va. "They lend themselves to coercion and centralized control over family life."

Agency Caught in Middle

As these international population programs become entangled in the abortion debate, the Agency for International Development increasingly finds itself in the middle. The agency's administrator, M. Peter McPherson, argues that family planning programs help prevent abortion.

Activists on both sides of the issue trace the agency's policy shift to the 1984 world population conference in Mexico City. The United States had barred the use of its money for abortion services abroad since 1973; at Mexico City, the Reagan Administration announced a new prohibition. Henceforth, no Federal money would be provided to private organizations operating abroad that "perform or actively promote" abortion, even if those services were paid for by other sources of money.

As a result, the International Planned Parenthood Federation lost all Federal money last year, an amount estimated at $11.5 million, although affiliates that comply with the new abortion policy still receive money, according to A.I.D.

In the United States, private organizations that provide abortion services can still receive Federal money for family planning clinics, although the Federal dollars cannot be used for their abortion services.

Last summer, anti-abortion activists won another victory on the international front, when Congress approved an amendment that banned all Federal aid for groups that "support or participate in the management of" Government population programs that coerce abortion or sterilization.

That amendment, which stemmed from reports of coercion in China's population program, resulted in a $10 million cut in Federal aid for another major group, the United Nations Fund for Population Activities.

Lobbying Imbalance Cited

Chinese officials have denied repeatedly that their program includes coerced abortion or sterilization. Still at issue is whether that amendment will lead to a total withdrawal of United States support for the United Nations group this year. Anti-abortion activists and their supporters in Congress are calling for such a cutoff unless the group pulls out of China.

Representative Patricia Schroeder of Colorado, a strong supporter of international population assistance, said she feared a steady erosion in support for family planning abroad. Those programs, she said, do not have "a driving, immediate constituency" on Capitol Hill, as opposed to the activists who oppose them.

"Everything's in serious danger" with the deficit reduction law on the scene, she said. "Foreign aid is never particularly popular, and if you have a domestic group that's lobbying hard, and Gramm-Rudman coming from the other side, it's very hard to figure out how you're going to sustain it."

Mr. Johnson of the National Right to Life Committee said that if organizations "persist in the linkage of abortion and contraception, they will suffer."

"If they're not engaged in abortion-related activities," he said, "we don't care how much they get, because they're out of our purview."

Aids

ment's Secretary, Otis R. Bowen, and sent for review to the office of Management and Budget.

Mr. Cline said the proposed regulations would add acquired immune deficiency syndrome to a list of diseases that are currently grounds for exclusion of people seeking immigrant visas. Other such diseases include syphilis, gonorrhea, tuberculosis and various types of mental disorders. Mr. Kline said the AIDS sreening requirement would not apply to those seeking tourist, student and other form of temporary visas.